



Aspotogan Recreation Association

Community Newsletter

Vol. 53 Issue 7 July 2026

Aspotogan ~ Bayswater ~ Blandford ~ Deep Cove ~ Northwest Cove

ARA UPDATE JULY 2026

Learn How to Keep Backyard Chickens:

Sunday, July 26th, 3 – 4 pm Multi-purpose room, Community Centre

We'll chat about...A chicken coop, predator protection, chicken feed, costs involved, local breeders, chicken health. Go home with a dozen local eggs! \$5.00 at the door (includes a dozen eggs) Register: Email – francis_karen@hotmail.com

FREE Pottery Class with Bunk Trinacty:

Sundays July 5 and July 12, 2:00-4:00 (*must attend both*); Multi-purpose Room, Community Centre .Learn how to hand-build a lovely rose on a clay tile in week 1; and glaze your tile in week 2. No experience required; all materials are supplied. Ages 13+. Please **register by July 4** by contacting Nancy at n.webb@dal.ca or 902-225-2915. Spaces are limited.

Chair Yoga:

Fridays, 10:00-11:00 in the Community Centre . Drop-in fee is \$7.00/class – please bring exact change if possible. All are welcome to this fun and 'user-friendly' class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat if you have one.

Drop-in Pickleball:

Thursdays 6-7:30 in the Community Centre gym. \$3.00/player. Beginner and experienced players are welcome, age 13+. Cancellations will be posted on the community centre facebook page by 3:00 pm on Thursdays. (<https://www.facebook.com/blandfordcommunitycentre>) All equipment is provided, please wear non-marking sneakers. Questions? Email: Pickleball@BellAliant.com.

WATCH BLANDFORD AND COMMUNITY CENTRE FACEBOOK PAGES FOR UPDATES AND CHANGES TO ACTIVITIES.

If any community members have ideas for programs, please contact a member of the Executive – we welcome your ideas and feedback!

ARA executive: Carly LeBlanc 902-277-1269; Mary Norwood 902-228-2453, Vicki Schnare 902-228-2234 (vicki.schnare@bellaliant.net), Nancy Webb 902-225-2915 (n.webb@dal.ca), Wendy Clark 902-877-4871 (wendyl.clark@gmail.com), and Emily Woodworth (emilylwoodworth@live.com)

COMMUNITY NOTICES**DISTRICT # 1 COMMUNITY CENTRE*****DISTRICT #1 BLANDFORD COMMUNITY CENTRE***

Summer is finally here! Enjoy the Community Centre parks and trails this summer!

Including some of these items supplied by the ARA and the Municipality of Chester!



- Disc Golf Course
- Community Play Box
- Community Garden
- Little Library



Next Board of Directors Meeting is Wednesday, July 8th at 7 pm.

All meetings are open to the public!

Board of Directors for 2026/2027 -

Kelly Fitzgerald, Chair	902-222-1046	kahfitzgerald@gmail.com
Wendy Clark, Vice Chair	902-877-4871	wendyl.clark@gmail.com
Britlee Harnish, Treasurer		britleeharnish@gmail.com
Karen Overholt, Secretary	519-567-1591	francis_karen@hotmail.com

Board Members (2026/2027)

Samantha Murphy, Odessa Bezanson, Joanne Walton, Eric Miller, Mary Norwood, Tami Clarke, Edward Burdon

COMMUNITY NOTICES**THE FIRE PROTECTION COMMISSIONERS
FOR THE DISTRICT OF BLANDFORD****Regular Monthly Meeting**

July 13, 2026 @ 7pm

Blandford Community Centre in the Lodge

Ratepayers are welcome to view meetings

*Watch our Facebook page for any updates or changes at
"BLANDFORD & AREA FIRE RESCUE"*

RATEPAYERS MEETING was held on June 1, 2026. Every year two Commissioners terms expire with nominations for those positions. The Commissioners David Lawrence and Andrea Shortt were both re-nominated and won by acclamation for another 3 year term.

Commissioners for 2026/2027 term:

Chuck Bennett — Chairperson
David Bartol — Vice Chair
Alfred Vouk — Secretary
Peter Hyland — Treasurer
Andrea Shortt — Commissioner
David Lawrence — Commissioner

BLANDFORD & AREA FIRE RESCUE**EFFECTIVE MARCH 15, 2026**

Before having **ANY** outdoor fire; brush fire, grass fire, in a fire pit(campfire) or any open flame, please check the website or call:

www.novascotia.ca/burnsafe

1-855-564-2876

updated daily at 2pm for that day burning restrictions.

For any questions please contact Shelley Hartley

Email: blandfordcommission@bellaliant.com

www.blandfordfire.ca

COMMUNITY EVENTS





LENNIE GALLANT

and HIS BAND

LIVE AT THE SHORE CLUB

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f t i SHORECLUB.CA





AUG 4, 2026 6:30 19+

COMMUNITY EVENTS

CELEBRATE PRIDE JULY 5 - 12

SUN 5

PRIDE PARADE
in Bridgewater!
3-4pm

Want to join our
float?

TUES 7

CHALKIFY
Municipal walkways
at 10am

FLAG RAISING
and fun times at
11am

THURS 9

RAINBOW
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Chester District
School
6:30-7:45pm
\$20
Pg. 14

FRI 10

ALL-INCLUSIVE
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J.D. Shatford Library Lawn
Hubbards
8:30am
FREE
*Rain date Sun 12

SUN 12

PRIDE FAMILY
PICNIC &
FIELD DAY
Lordly Park

FREE BBQ
Games, Face-Painting,
Prizes and so much more!
pg. 12



This is a small glimpse of events for Pride Week! For full calendars and event details, follow St. Margaret's Bay Pride and Lunenburg Pride online!

If you have any questions or want to get involved, email our Community Development Coordinator at nhackney@chester.ca

COMMUNITY NEWS

Seasiders – Update from June Meeting by Claudia Zinck

The beautiful weather may have reduced attendance to 17 members at our June meeting, but it certainly did not dampen anyone's enthusiasm once the trivia games began.

Our trivia master, Cheryl, challenged us with 30 questions spread across six categories, giving everyone a chance to put on their thinking caps. Questions ranged from identifying the famous fountain featured in a movie to naming the entertainer who lived to age 90 while insisting he was always 39. Members also tested their knowledge with questions such as, "What was Elvis's middle name?" It was great fun watching the teams compete to see who could earn the highest score.

Following the trivia competition, members enjoyed a delicious lunch and plenty of time to visit, share stories, and catch up on local news. Birthday people were Susan Lordes and Shell Heine.

Our next meeting will be held on September 18 at 7:00 p.m.

The Seasiders wish everyone a safe, happy, and enjoyable summer!



COMMUNITY NEWS



Schooners KNOW KNOT, RENCONTRE and COMET II race for to the start line.

The Nova Scotia Schooner Association celebrates the **65th anniversary of Schooner Race Week** in Hubbards Cove this year from August 2 through 8, 2026.

Competitive schooner racing with a dozen vessels runs from Monday, August 3 to Saturday the 8th, with start horn at 12:30 daily at the mouth of the cove.

With funding from HRM and the Municipality of the District of Chester, Schooner Race Week is sponsored by our hosts, the Hubbards Community Waterfront Association; Cove FM Radio; Tuna Blue Inn & Restaurant; Dream Imagine Believe Photography; Propeller Brewing Company; Black Harbour Distillers; East River Shipyard; Hubbards Beach, Campground and Cottages; and the Binnacle.

Schooner Family Day on Sunday, August 2 from 1-5pm launches the week of celebration on the public wharf at 20 Yacht Club Rd. Come meet the beautiful schooners, their salty captains and excited race crews. With food, beverages and music, immerse yourself in our maritime heritage for an afternoon. Fun for all ages!

As part of the week's festivities, singer/songwriter **Lennie Gallant** will perform with his band at the Shore Club for the first time ever on **Tuesday August 4 at 7:30 pm**. Tickets \$45 at <https://Lennie-Gallant-Shore-Club-Aug-4-2026.eventbrite.ca>

On **Thursday August 6 from 7-10pm** "Women at the Helm" will shake up the Black Harbour Distillery venue. Free social for all female sailors and wanna-be sailors over 19 interested in learning more about adult sailing skills and racing opportunities.

The Moonshine TV location on Hubbards Beach rocks the **Sable Pipeline Surf n' Ska** band for a dance fest beach party on **Friday, August 7 from 8-11pm**. Tickets \$15 at www.shoreclub.ca

www.nsschooner.ca



COMMUNITY NOTICES

OHC Same Day Clinic Services Calendar for **JULY 2026**

Phone Lines for the Same Day Clinic Open **8:00am** Each Clinic Day

Call (902) 273-2098 for a Same-Day Appointment

(We **DO NOT** offer walk-in service; you must have an appt.)

Tuesday	Wednesday	Thursday	Friday
	1 OHC closed for Canada Day!	2 9 AM to 3 PM Same Day Clinic	3 9 AM to 1 PM Same Day Clinic
7 9 am to 5 pm – Same Day Clinic 1 pm to 5 pm – Dr. Kelland (Referral)	8 9 am to 3 pm – Same Day Clinic 9 am to 5 pm – Dr. Morissette (Referral)	9 9 AM to 3 PM Same Day Clinic	10 9 AM to 1 PM Same Day Clinic
14 9 am to 5 pm – Same Day Clinic 1 pm to 5 pm – Dr. Kelland (Referral)	15 9 am to 3 pm – Same Day Clinic	16 9 AM to 3 PM Same Day Clinic	17 9 AM to 1 PM Same Day Clinic
21 9 am to 5 pm – Same Day Clinic 1 pm to 5 pm – Dr. Kelland (Referral)	22 9 am to 3 pm – Same Day Clinic	23 9 AM to 3 PM Same Day Clinic	24 9 AM to 1 PM Same Day Clinic
28 9 am to 5 pm – Same Day Clinic 1 pm to 5 pm – Dr. Kelland (Referral)	29 9 am to 3 pm – Same Day Clinic 9 am to 5 pm – Dr. Morissette (Referral)	30 9 AM to 3 PM Same Day Clinic	31 9 AM to 1 PM Same Day Clinic

RED – Same Day Clinic, **GREEN** – Dr. Kelland (Pain Clinic), **BLUE** – Dr. Morissette (Psychiatry)

Referral means you must have a referral from your Family GP/NP.

Same Day Clinic is done same day only starting at 8am

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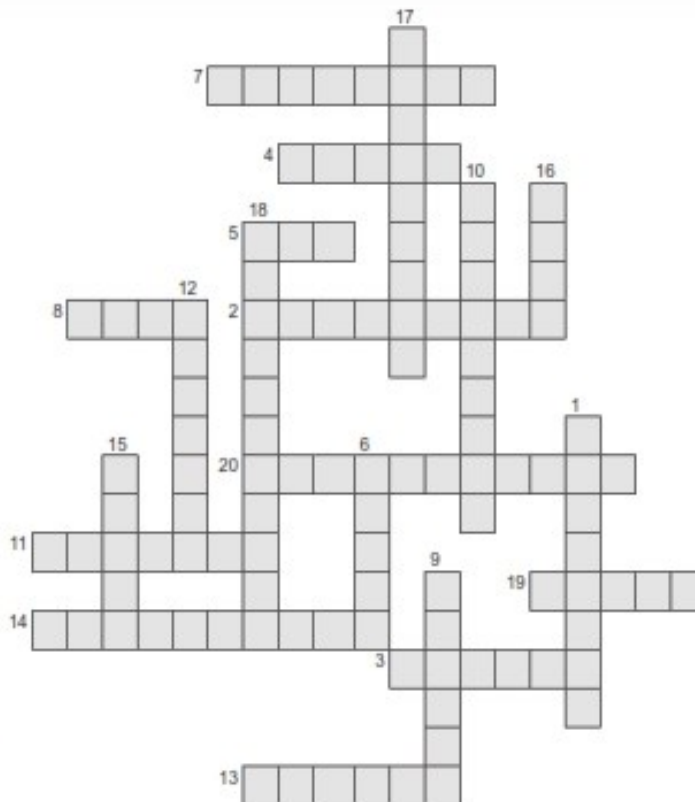
CANADA DAY PUZZLE PAGE

Crossword Puzzle

National Flag of Canada Day – Ages 13+

CLUES

1. February 15 is _____
Flag of Canada Day.
2. This famous symbol of Canada is found on the national flag.
3. _____ is the only country with a maple leaf on its flag.
4. Color on the flag that represents Canadian winters.
5. Color on the flag that represents maple leaves in the fall.
6. The National Flag of Canada is _____ as long as it is wide.
7. The maple leaf on the National Flag of Canada was initially supposed to have _____ points instead of eleven.
8. Cylinder to which a flag is attached or from which it is hoisted.
9. This animal was the best-known emblem of Canada before the maple leaf became a popular symbol.
10. Before the National Flag of Canada Day was created, the Canadian _____ was used by many and widely recognized as a national symbol.
11. He was Prime Minister when the National Flag of Canada was adopted in 1965.
12. Flags are heraldic _____, otherwise known as a symbols.
13. When several flags are flown together, the most important flag occupies the position of _____.
14. The National Flag of Canada always takes _____ over all other national flags when flown on Canadian soil.
15. Five flags fly on Parliament Hill in Ottawa: one over the _____ Tower, one on each side of the Centre Block, one over the West Block and one over the East Block.
16. To express a collective sense of sorrow, flags are lowered to _____-mast.
17. Moving forward, the National Flag of Canada will be half-masted to mark the National Day for Truth and Reconciliation every _____ 30.
18. Every November 11, on _____ Day, the National Flag of Canada is half-masted to honour all who have fallen.
19. The National Flag of Canada is half-masted on December 6 to mark the National Day of Remembrance and Action on Violence Against _____.
20. There is an official procedure for folding the National Flag of Canada. Once folded, the flag has a _____ shape.



Canadian
Heritage

Patrimoine
canadien

See Answer Key on page 16!

Canada

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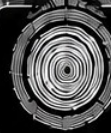
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Services Available at Aspotogan Heritage Trust

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Free wifi and public computer usage Printing, Scanning, Faxing, Copying

Shredding , Laminating, Binding

Co-working spaces (hourly/daily/weekly rates) and boardroom access are available

Grant information and support services for community groups

For more information, contact the Aspotogan Heritage Trust (AHT) at
902-857-1133 or via email at info@aspotogan.org

BUSINESS SERVICES

Need a Ride? Community Wheels Can Help!

Whether you're visiting the Chester area, heading to a local attraction, attending an event, running errands or exploring the South Shore, Community Wheels offers accessible, affordable transportation throughout the region.

Who Can Book?

Everyone! The only requirement is that your trip begins within the Municipality of Chester.

Charter Service:

Book a private charter for your group, family, event, tour, or special outing.

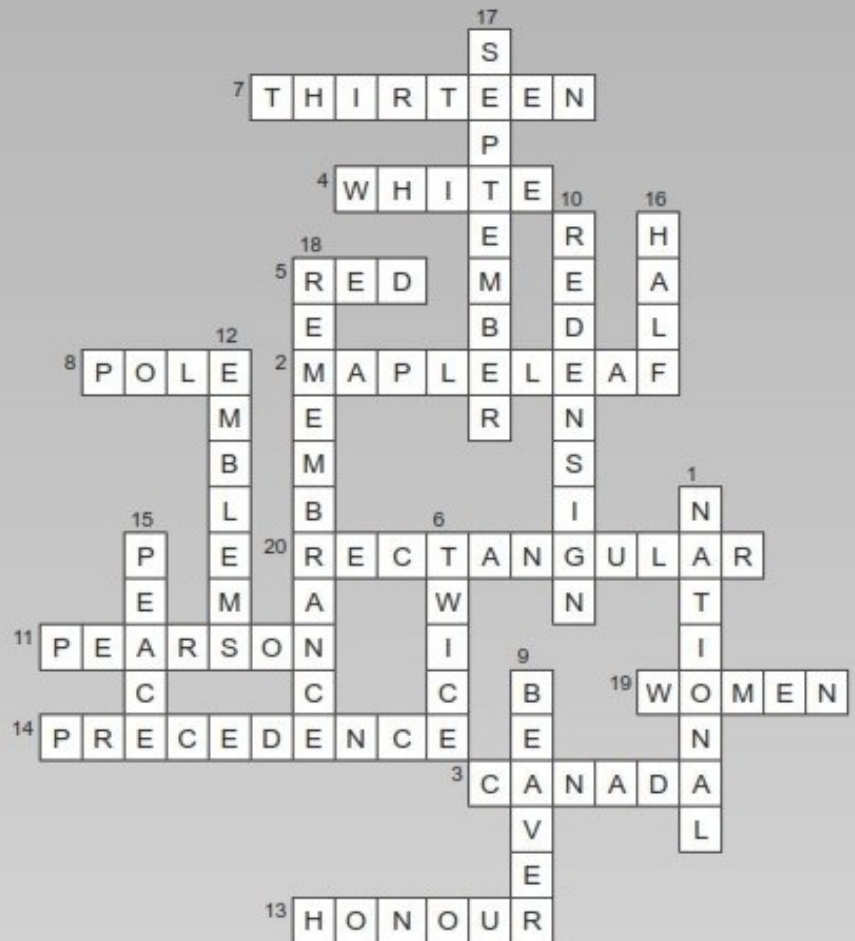


Advance booking is required. Contact Community Wheels to reserve your ride and travel with confidence.

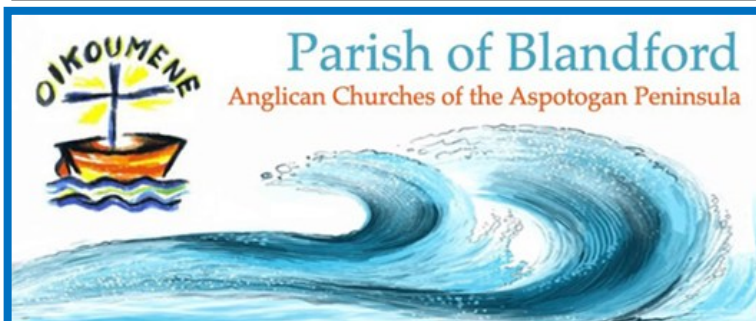
902-273-2440

julie@communitywheels.ca

**Answer key
to
puzzle on
page 10.
No peeking
'til you're
done!**



PARISH SCHEDULE / COMMUNITY NOTICES



Ministry@ParishofBlandford.ca
<https://parishofblandford.ca>

July 2026 Worship Schedule

For latest updates, go to: <https://parishofblandford.ca/service-schedule/>

July 5	Morning Prayer	10:00 am	St. Barnabas, Blandford
July 12	Eucharist Service	10:00 am	St. Cuthberts, Northwest Cove
July 19	Morning Prayer	10:00 am	All Saints, Bayswater
July 26	Eucharist Service	10:00 am	St. Barnabas, Blandford

Opportunity to contribute to your community: You could get involved with the activities of management and direction of the Parish of Blandford. Parish Council, the governing body of the Parish of Blandford, is looking for a secretary. In addition to participating in Parish Council activities and governance, the secretary manages and executes correspondence, meeting minutes and other business activities. To volunteer for this position please contact the parish at ministry@parishofblandford.ca.

COMMUNITY EVENTS CALENDAR

JULY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BCC = Blandford Community Centre	OS = Ocean Swells Community Centre		1 Canada Day! 45's cards OS 7 pm	2 Pickleball BCC 6 pm	3 Chair Yoga BCC 10 am 45's cards OS 7 pm	4
5 10:00 am St. Barnabas Pottery Class BCC 2 pm	6	7 Fire Trg 7 pm	8 BCC Board Mtg 7 pm 45's cards OS 7 pm	9 Pickleball BCC 6 pm	10 Chair Yoga BCC 10 am 45's cards OS 7 pm	11
12 10 am St. Cuthberts Pottery Class BCC 2 pm	13 Fire Mtg BCC 7 pm	14 Fire Trg 7 pm	15 45's cards OS 7 pm	16 Pickleball BCC 6 pm	17 Chair Yoga BCC 10 am 45's cards OS 7 pm	18
19 10 am All Saints	20 AUG 2026 Newsletter Deadline	21 Fire Trg 7 pm	22 45's cards OS 7 pm	23 Pickleball BCC 6 pm	24 Chair Yoga BCC 10 am 45's cards OS 7 pm	25
26 10 am St. Barnabas Learn How to Keep Backyard Chickens BCC 3 pm	27	28 Fire Trg 7 pm	29 45's cards OS 7 pm	30 Pickleball BCC 6 pm	31 Chair Yoga BCC 10 am 45's cards OS 7 pm	

Please note: The address for the newsletter indicated below is a **mailbox only, not** a physical address.

Newsletter Advertisement Rates

Personal Ads and Thank you Notices

1/4 Page	\$ 8.00
1/2 Page	\$12.00
Full Page	\$23.00

Business Ads and Community Groups

Business Card Size	\$ 8.00
1/4 Page	\$12.00
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SUBSCRIPTIONS AVAILABLE
CONTACT EDITOR FOR MORE INFO
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Editor Information

SEND SUBMISSIONS TO:

Sandra McFadyen EDITOR
ARA Newsletter
54 Upper Blandford Wharf Rd
Blandford, NS B0J 1T0
E-mail: aspotogan329@gmail.com
Phone: 902-817-9906



SUBMISSION DEADLINE FOR AUGUST NEWSLETTER:
JULY 20, 2026